

The SPORTFOLIO



AMBASSADOR COLLEGE BRICKET WOOD, HERTS.

Graduation Edition

14th July, 1969

Records Shattered at International Track Meet

Pasadena Victorious — But Bricket Wood and Big Sandy Share the Glory

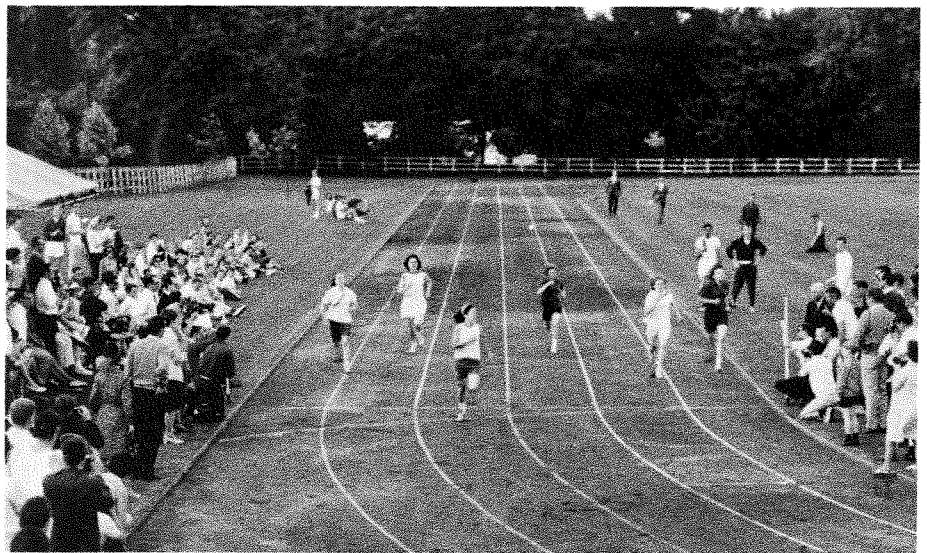
by Peter Butler

On Wednesday, 11th June, 1969, Bricket Wood hosted the first ever Ambassador College International Track Meet. The Pasadena and Big Sandy Campuses each sent a team of their top-ranking athletes across the Atlantic to compete with the cream of the Bricket Wood Campus.

They came to break records — they didn't merely break them — they *shattered* them!

Fourteen local Bricket Wood records tumbled. Two all-time records were equalised. And no less than *eleven new*

(Continued on page 2)



Pasadena's Laura Lane shatters the all-time 220 sprint record.

Pasadena Pacemakers Capture the Prize

Mid-afternoon, and the end of the most spectacular and exciting Track Meet ever in A.C. history. But now, the *grand finale!* The presentation of the awards by Mr. Herbert W. Armstrong and Mr. Garner Ted Armstrong — including, for the first time ever, the new International Trophy!

And how Mr. Herbert W. Armstrong's face radiated pleasure as he handed that gleaming silver chalice to the seven happy, victorious Pasadena athletes and to Mr. Petty, their proud coach!

For Bricket Wood, Freshman Peter McLean received the Distance and Cross Country Cup for a sterling performance

of stamina and endurance and a new all-time record. But whose was the award for the most outstanding woman's performance? Two ladies won the honour — Laura Lane and Elaine Houghtaling — both of Pasadena! For the men, the most outstanding performance was clear-cut — Dan Tonn took the cup — Pasadena again!

Next the Bricket Wood Intramural awards. The Freshmen were the victors of the day — and their delighted Class President stepped forward to receive the cup. But right behind him came the Second Year President to receive, for his Class, a token of still greater glory — the intramural trophy for the best overall sporting performance of the year!



Congratulations Pasadena!

Fighting Freshmen Snatch Intramural Trophy

by Peter Butler



John Buck hurtles home in the 440-yard relay.

International Track Meet or not, an Intramural Trophy was at stake! The four local teams were united only in their cry, "Victory for Bricket Wood!" Otherwise each team was opposed — and out to win for their class!

And the Freshmen did just that! By a margin of 50 points!

But with athletes like Pels, Burman, Aime and Cullen how could they fail? They may not have taken International firsts, but they certainly won class firsts — and seconds — and thirds!

Peter McLean's Cross Country all-time record gained valuable points. So did Erna Barnard's formidable all-timer in the Shot Put. Up, up and away went that beautiful (Heavyweight) "balloon" — a whole 29 feet 8 inches!

Then there were the inter-class relays! The Freshmen took the 440 for Men in Bricket Wood record time — John Buck literally belted home! The 440 mixed relay? — Freshmen again with another all-time record!

And even in the Two Mile Run Philip Gourlay took third place after a temporary relapse at the end of the seventh lap!

Records Shattered

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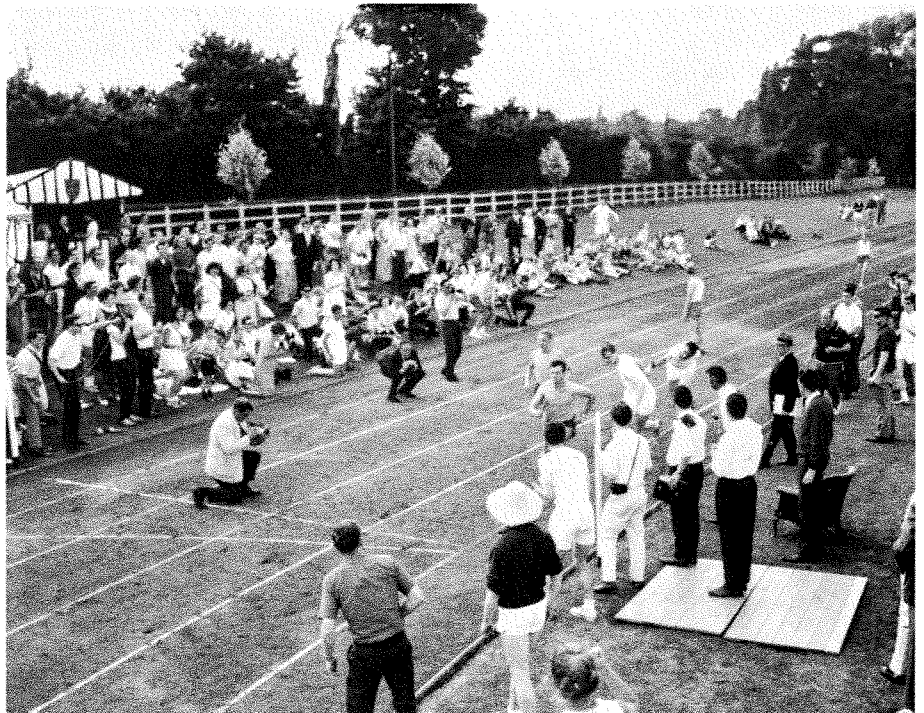
all-time records were set — all within the space of five short hours!

The victorious team? Pasadena with 94 points! But Bricket Wood (77) and Big Sandy (19) shared the glory. For the combined efforts of all the athletes — each giving their utmost to drive their opponents to even greater heights of achievement — ensured a day full of the high calibre performances needed to break so many records.

And not only the athletes broke records! From sunrise to sunset the sun shone gloriously — and the temperature soared. From the first event to the last, crowds of spectators thronged about the finishing line — and excitement soared!

In the very first dash of the day, Pasadena's Laura Lane hurtled across the 50

(Continued on page 3)



Spectators spur on star performers.



Roger Barnett in record-breaking pace.

Records Shattered

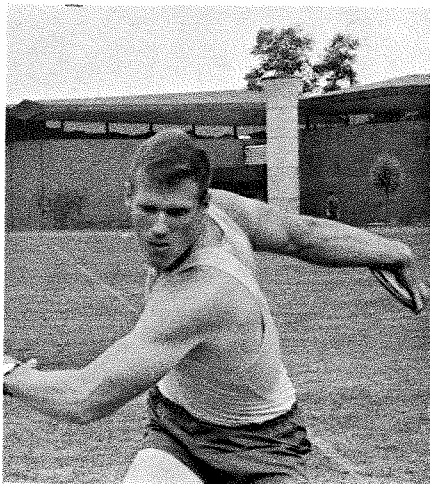
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yard line in 6.2 seconds to set a new all-time record. And Rebecca Knowles topped the Bricket Wood record with a time of 6.4.

Later Laura did it again. Her time of 28.1 in the 220 Yards dashed for ever the previous all-time record of 28.3. And the time Locky Greene set is a new Bricket Wood record at 28.4.

The men, too, furiously fought for the records! Dean Greer scorched the tape with a blistering 10.2 seconds in the 100 Yard Dash — another all-time record. And later he equalled Coutts' all-time 23 seconds flat for the 220 Yard Dash.

Meanwhile what's that? A bird? A plane? No! — it's Super Burzenski and his whizzing discus. He sent that metal plate soaring through the sky for 141 feet 10½ inches — yet another all-time record. And then he went on to win the



Glenn Burzenski in action!

Athletes Crash Four Records in 440 Sprint

by Fred Martin

The longest and most grueling dash is about to begin — the 440-Yard Dash! The men are lined up and raring to go! It's Register (Big Sandy) in Lane 1, Barnett (Pasadena) Lane 2, Levsen (Bricket Wood) Lane 3, Brown (Big Sandy) Lane 4, Cullen and Pels (both Bricket Wood) in Lanes 5 and 6.

Mr. Hunting alerts the timers. The gun cracks. They're off!

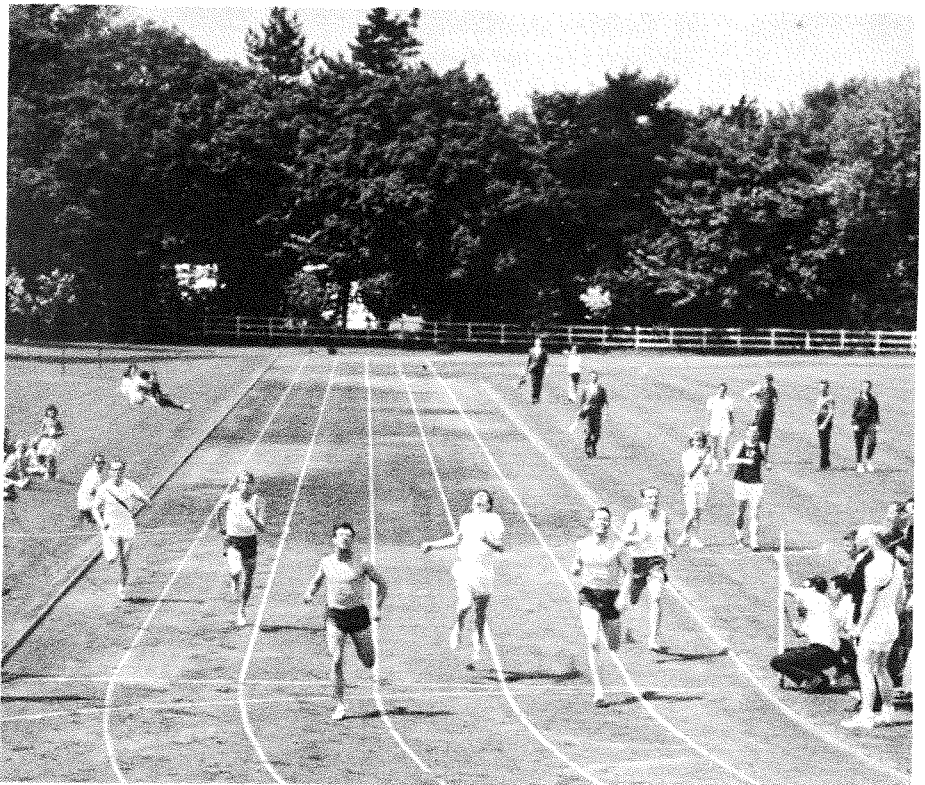
It looks like Levsen around the first turn and down the back stretch, but Barnett is not about to take second. Pulling up around the back curve it's Levsen, Barnett, Pels and Brown.

The last 100 yards told the story.

Barnett with a final surge of adrenalin burst the tape at break-neck speed to set a new ALL-TIME RECORD of 50.4 seconds.

But what else happened in that last 100 yards? Surprise and jubilation! The Freshmen came through again! Paul Pels set a new Bricket Wood record of 50.7! And Big Sandy's Ron Brown took third place with a time of 51 seconds flat.

What a finish! Four records broken in one race! Barnett with his all-time 50.4 easily smashed his previous Pasadena (and all-time) record, whilst Pels and Brown each pulled down the Bricket Wood and Big Sandy records.



It's Greer, Coutts and Levsen in the 220-yard sprint!

Javelin and the Shot Put. Mr. Howard Clark asked one of the other competitors in the discus: "Say, how long have you had epilepsy?"

Back with the ladies Elaine Houghtaling left her opponents standing in the Long Jump by leaping an all-time record distance of 16 feet 3 inches. And even after that she set another all-timer — 1:04.5 — in the 440-Yard Dash!

No records in the Mile Run, but Garvin Greene chased outstanding male ath-

lete of the day, Dan Tonn, all the way to the line after striding out in front for the first three laps. The mile walk? Peter Alter all the way — for Paul Linehan, steaming along at breathtaking pace, was disqualified for running!

And in the final event of the day — the Inter-College One Mile Relay for Men — four tenacious Pasadena teammates strained every limb and ligament to take the race and the trophy — with Bricket Wood a close second!



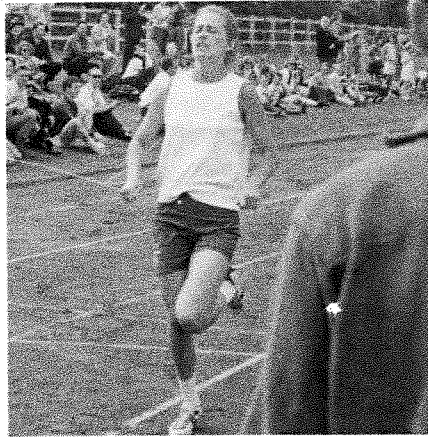
The golden boys (and girls) display their silverware.



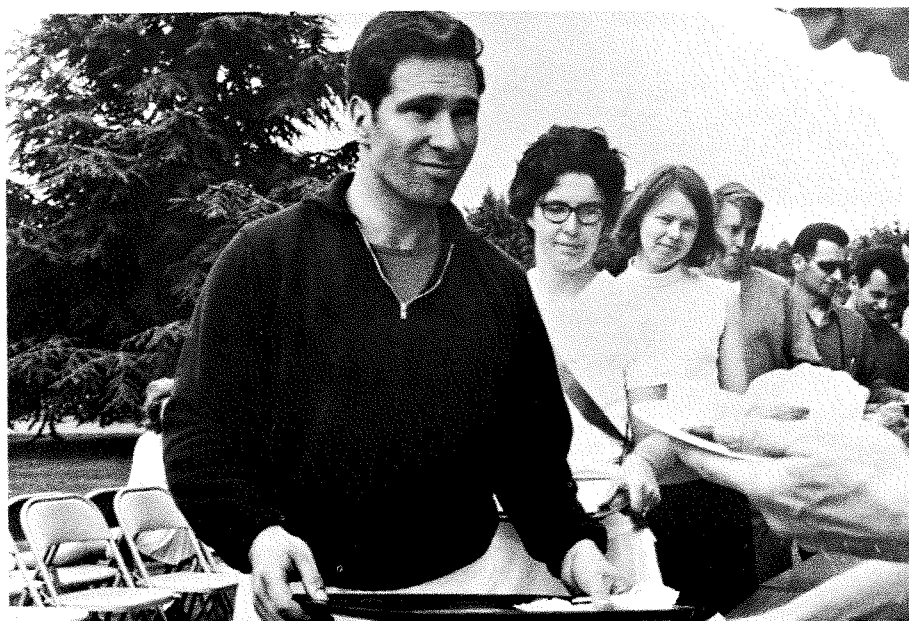
"I do believe this shot's going rusty!"



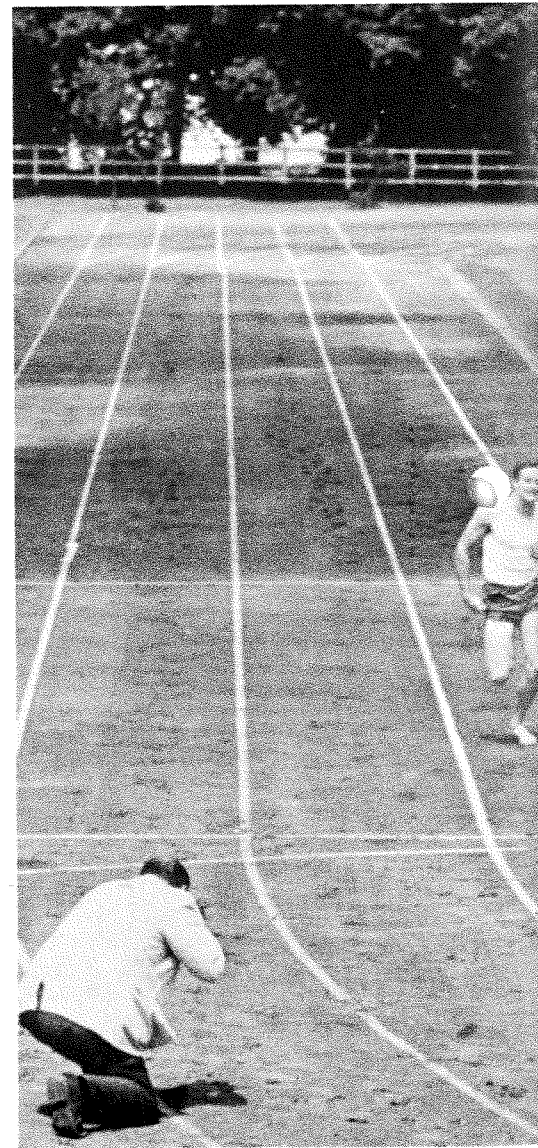
Dave Register leaps to a Big Sandy victory.



Elaine sets an all-time record in the 440-yard sprint.



"Please sir, can I have some more?"



The race of the day — four reco



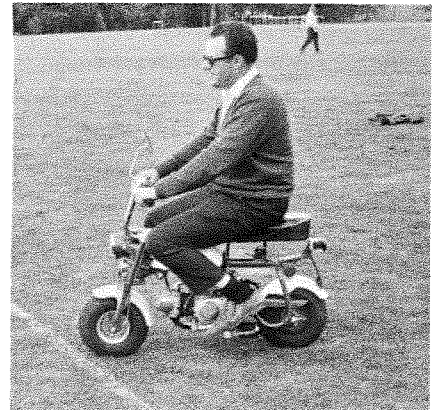
"Doing the Linehan Walk!"



Mr. Jones steers the Seniors to victory.



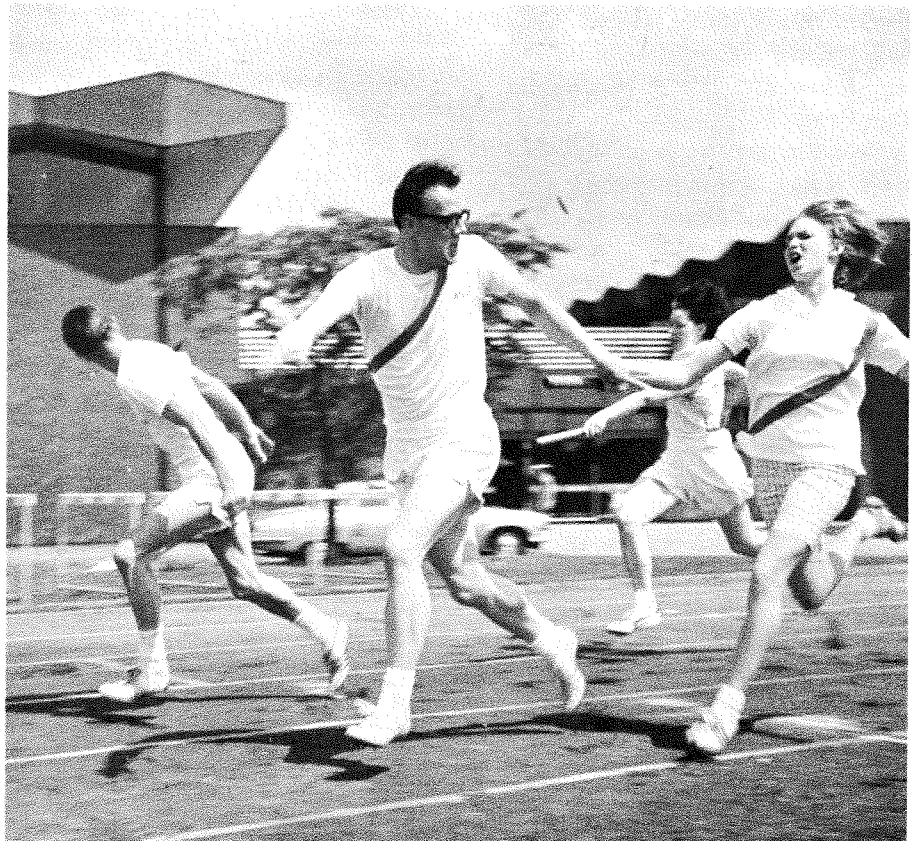
"If I can't beat this lot my name's not 'Zátopek' Crawford!"



"I can't wait to get into the 660 c.c. events!"



the 440-yard sprint for men.



How's that for a baton exchange?



Dan Tonn tears the tape.

Tonn Topples 880 Record in Thriller Finish

by Peter McLean

The crowd tensed to the sound of the starter's voice. The 880-Yard Run was about to begin. Lining up for the start were the Internationals — Tonn, Brown and Greene, along with Bricket Wood's De Jager. This race promised to be a thriller — and a thriller it was!

The gun cracked! A score of clawing spikes bit crisply into the track around the first curve. Eight men, all jostling for position. Leading the pack was ex-Bricket Wood athlete, Garvin Greene, with teammate Ron Brown at his shoulder, followed closely on the inside by Dan Tonn.

Rounding into the home straight for the first time, Brown took the lead. The pace was fast. Would Tonn's all-time record of 2:00.4 tumble?

Into the gun-lap. Now the pressure was on. De Jager began to gather momentum down the back straight. Brown, still in the lead, was pulling hard. But Tonn was with him all the way, running smoothly in second place. Into the home stretch, and the stamina and endurance of Tonn told as he inched out into first position. But Brown and De Jager were hard on his heels!

This was going to be close! The crowd leapt to their feet as the three hurtled toward the finish. One pace ahead of the others was Tonn. The tape broke! With it, an old record!

A new ALL-TIME RECORD of 1:59.5 had just been set! Brown took second place with 1:59.9 and De Jager third in 2:00.9.

Lane Laces Up Women's 100-Yard Sprint

Staff Reporter

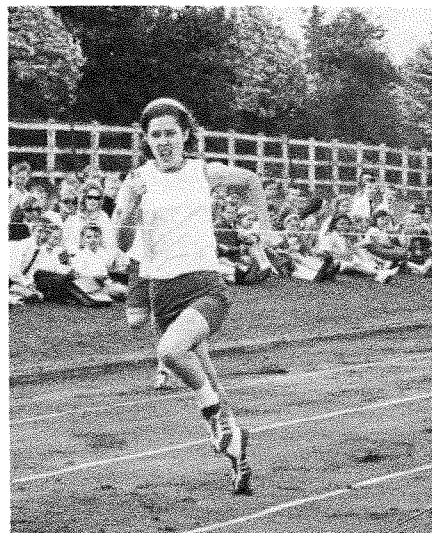
It's 11:15 a.m. and competitors are lining up for the 100-Yard Dash for women. All eyes are on Laura Lane from Pasadena in Lane 2. She has just set an all-time record in the 50-Yard Dash! Can she repeat the effort in this race?

Tension mounts — muscles become as steel bands — and the girls are asking, "Why did I have breakfast?" The gun is raised. Bang! False start!

As the gun sounds the second time it's Mills for Bricket Wood off the blocks. But things soon change and it's Laura Lane across the fifty — with Bricket Wood Freshman Carol Burman hard on her heels and pushing her all the way!

Hear the crowd roar! They all leap to their feet to urge on the runners! It's tumultuous! A stack of beer cans over at the refreshment stall crashes to the ground as people surge forward to see the finish!

And it's Lane hurtling across the line in 12 seconds flat to equalise the all-time record set by Lorna Owre for Big Sandy. Carol Burman makes a courageous 12.2 for second place and another Bricket Wood track record, whilst Rebecca Knowles ties up third place for Bricket Wood with a fine time of 12.7.



Laura Lane all the way.

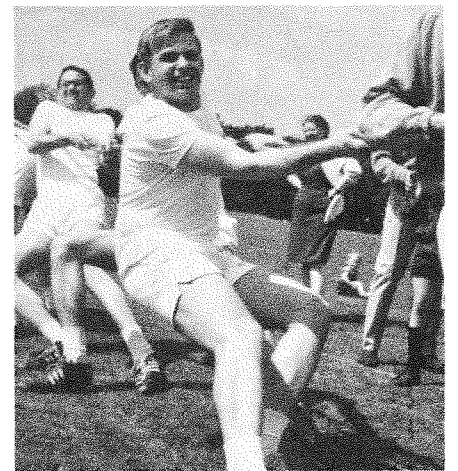
SENIORS PULL THEIR WEIGHT

by David Stirk

Was this another barbecue? Twenty-four big, beefy, burly 'Bassador boys boiling in the brilliant Bricket Wood sunshine! Two teams each trying to prove the other was only half-baked! The event? The big pull — the inter-class Tug of War.

The *entrée* of First and Second Years was as appetising a first course as a grapefruit cocktail. The Second Years turned on the heat and with two flashes in the pan pulled the "flounder"-ing Freshmen into the fire.

This was followed by a plate of Juniors and Seniors nicely spiced and begging to be tasted. The solid Seniors, under the sure hand of head chef, Mr. Robin Jones, held firm, coming to a nice golden brown. Then with a final



Victor helps heave to victory.

dash of pepper they knocked the stuffing right out of the Juniors!

The scraps from the first two courses faced each other wondering which one would get the lemon. The First Years proved too well fed for the lean and hungry Juniors. Maybe the lemon will keep the Thirds healthy!

Finally the *pièce de résistance*! The dessert of fresh Second Years and seasoned Seniors. But it was the Seniors who had booked for the banquet, and so, with a mighty effort they hauled anchor man Bacon clear off his feet and squeezed the gravy right out of the Second Year team. With that the whole dish and the tournament spilled right into the Seniors' laps!

International Track Meet—Results and Records

INTERNATIONAL TOTALS

1. Pasadena	94
2. Bricket Wood	77
3. Big Sandy	19

MEN

100-Yard Dash

*D. Greer	PS	10.2
J. Coutts	PS	10.3
D. Mears	BW	10.7

220-Yard Dash

‡D. Greer	PS	23.0
J. Coutts	PS	23.2
H. Levsen	BW	23.6

440-Yard Dash

*R. Barnett	PS	50.4
†P. Pels	BW	50.7
R. Brown	BS	51.0

880-Yard Run

*D. Tonn	PS	1:59.5
R. Brown	BS	1:59.9
†G. De Jager	BW	2:00.9

One-Mile Run

D. Tonn	PS	4:22.6
G. Greene	BS	4:27.3
P. McLean	BW	5:00.3

Two-Mile Run

D. Tonn	PS	10:22.9
A. Corrie	BW	11:53.6
P. Gourlay	BW	

INTRAMURAL TOTALS

1 First Year	109
2 Second Year	59
3 Fourth Year	54
4 Third Year	33

RECORDS

- * All-time record
- ‡ Equals all-time record
- † Bricket Wood record

One-Mile Relay

*Pasadena	3:29.6
†Bricket Wood	3:35.6
Big Sandy	3:36.8

Long Jump

R. Barnett	PS	21' 7"
D. Register	BS	20' 6 1/2"
K. Aime	BW	19' 0"

High Jump

D. Register	BS	5' 4"
R. Barnett	PS	5' 2"
D. Watkins	BW	5' 2"

Discus

*G. Burzenski	PS	141' 10 1/2"
†J. Buck	BW	117' 4"
G. De Jager	BW	94' 7"

Javelin

G. Burzenski	PS	164' 11 1/2"
F. Nelte	BW	160' 11"
P. Pappas	BW	147' 8"

Shot Put

G. Burzenski	PS	42' 6"
†G. De Jager	BW	37' 0"
P. Pappas	BW	32' 7"

Weight Lifting

†J. Trechak	BW	640 lbs.
G. Burzenski	PS	620 lbs.
P. Alter	BW	540 lbs.

WOMEN

50-Yard Dash

*L. Lane	PS	6.2
†R. Knowles	BW	6.4
C. Burman	BW	7.0

100-Yard Dash

‡L. Lane	PS	12.0
†C. Burman	BW	12.2
R. Knowles	BW	12.6

220-Yard Dash

*L. Lane	PS	28.1
†L. Greene	BW	28.4
C. Burman	BW	29.0

440-Yard Dash

*E. Houghtaling	PS	1:04.5
M. Brown	BS	1:04.7
†L. Greene	BW	1:05.3

Long Jump

*E. Houghtaling	PS	16' 3"
†R. Knowles	BW	15' 6 1/2"
L. Demarest	BW	14' 3"

High Jump

E. Houghtaling	PS	4' 5"
†C. Burman	BW	4' 3"
K. Krueger	BW	4' 2"

Shot Put (Weight 8 lbs. 13 oz.)

*E. Barnard	BW	29' 8"
I. Roveri	BW	25' 8"
A. Williams	BW	25' 4"

Bricket Wood Intramural Results

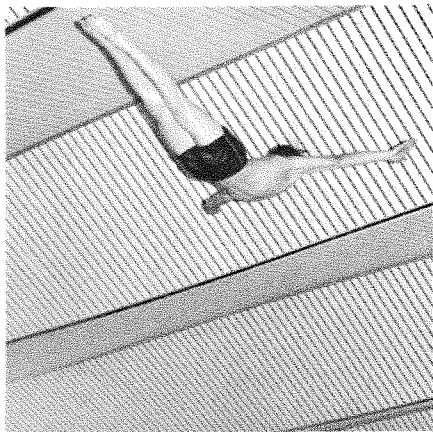
MEN

100-Yard Dash	D. Mears	10.7
220-Yard Dash	H. Levsen	23.6
440-Yard Dash	P. Pels	50.7
880-Yard Run	G. De Jager	2:00.9
One-Mile Run	P. McLean	5:00.3
Two-Mile Run	A. Corrie	11:53.6
One-Mile Walk	P. Alter	7:51.1
*4,400-Yard Cross Country	P. McLean	13:36.0
†440-Yard Relay	Freshmen	45.6
Long Jump	K. Aime	19' 0"
High Jump	D. Watkins	5' 2"
Discus	J. Buck	117' 4"
Javelin	F. Nelte	160' 11"
Shot Put	G. De Jager	37' 0"
Weight Lifting	J. Trechak	640 lbs.
Tug of War	Seniors	

WOMEN

50-Yard Dash	R. Knowles	6.4
100-Yard Dash	C. Burman	12.2
220-Yard Dash	L. Greene	28.4
440-Yard Dash	L. Greene	1:05.3
†440-Yard Relay	Second Year	56.0
Long Jump	R. Knowles	15' 6 1/2"
High Jump	C. Burman	4' 3"
Shot Put	Erna Barnard	29' 8"
440-YARD MIXED RELAY	Freshmen	47.1

Swim Meet "Seals" Second Year Success



Malcolm performs a perfect swallow.

by Chuck Zimmerman

Sophomores — Intramural Champions! But how? An almost forgotten event greatly contributed to their success.

On Sunday, 4th May, the Sophomores swamped and sank the ailing Upperclasses in the annual Swim Meet!

In the very first event, the men's 50-Yard Free Style, Underclassmen took first, second and third places! In the 50-Yard Butterfly Second Year star Jon Bowles gave a unique display of "practice makes perfect" to snatch first place.

Later "aquanaut" Robin Stow splashed to another splendid Second Year victory in the 100-Yard Breaststroke, and Robin Sutcliffe set an ALL-TIME AMBASSADOR RECORD in the women's 50-Yard Breaststroke with a terrific time of 44.3 seconds!

The final swimming event — the men's 100-Yard Free Style — and again a "porpoiseful" Jon Bowles forced a gruelling pace for the "turtuous" eight lengths to set a Bricket Wood record with a time of 2:32.7!

In the Diving Events Lynn Demarest swooped sweetly to victory from the one-metre and three-metre boards for the Seniors. But again the Underclassmen monopolised as Freshman Malcolm Heap gave a superb "aquabatic" display!

The Meet ended with nine new records, and Upperclass hopes totally torpedoed! Second Years took 78 points, Freshmen 39, Seniors 31 and Thirds 11.

Students Snatch 3-2 Victory Against Faculty Footballers

by Peter Butler

Referee Ken Knight let rip the whistle. The shrill blast rent the air and summoned a host of ardent football fans to the A.C. match of the year — the Cup Final featuring the fabulous Faculty and a star-studded Student Eleven.

And for a full ninety minutes the fans fervently followed *the* most exciting final in A.C. football history.

For ninety minutes? Yes, and for another thirty after that, for at full-time the scores stood at 2 all! And it was the extra time in this match which thrilled and enthralled! It was a hair-raising half-hour providing a cliffhanger finish! For it was almost extra-extra time before Martin Watson snatched that last vital goal for the Students with a desperate but deadly header just past the goalie's clawing grasp! Final score: 3-2 to the Students!

Throughout almost all of the first ninety minutes it had been the Faculty's game. Cato scored first for the Students from a difficult and brilliantly executed turn-shot. But soon Mr. Suckling equalized, and the Faculty began to show su-

perb ball-control, with Mr. Haroutunian sure as a rock in defence and Mr. Michel continually feeding the hungry forward line. Superb passing paid off and Carnochan cannoned the ball past keeper Banham and the Faculty led 2-1.

Only Banham's brave keeping and Bacon's supreme clearances now held the Faculty off, and not until well into the second half did a Tattersal long shot reach home to give the equaliser — 2 all.

And then came that final thirty minutes! The Students piled on the pressure! Time and again they penetrated the Faculty's goal area with Bacon and Stirk leading the way. Time and again that winning goal eluded them as Mr. McMichael displayed brilliant goal-keeping capability. But at long last — and not until this marathon match had begun to tell its tale with crippling cramps — the Watson winner came!

And eleven tired but happy students lined up before Mr. Herbert W. Armstrong to receive the shining trophy and the acclamation of the crowd.



Mr. Marx and Martin compete for the ball in a crucial move.